



“There is no health without mental health; mental health is too important to be left to the professionals alone, and mental health is everyone’s business.”

- Vikram Patel

*Psychiatrist, Researcher and Co-Founder and former Director of the Centre for Global Mental Health, London School of Hygiene and Tropical Medicine*

**Make sure that your mental health is in check.**

Speak in total confidence to a Converge International consultant.

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