

A high-angle photograph of a diverse group of people of various ages, ethnicities, and genders sitting in a circle on a light-colored floor. They are all looking towards the center, where their hands are stacked together in a large, circular pile. The image is partially obscured by a white text box in the upper left corner.

Breaking down the barriers of diversity

With greater diversity in the workplace, it can seem difficult to develop effective communication with, tolerance of and be inclusive of another person or persons who on face value, seems so different to you. Workplaces are rapidly becoming vast, vibrant and engaged multicultural and cross-generational communities, comprising people of different cultural backgrounds, religions, ages, genders, abilities and lifestyles. The geographical, social and cultural scope is now increasingly diverse and there is great benefit in sharing and understanding new perspectives that can bring new ideas, ways of thinking and knowledge.

Curiosity and tolerance are really useful mindsets in breaking down the barriers of diversity, be it different cultural backgrounds, religions, ages, genders, abilities and lifestyles. There are a number of ways to explore and communicate with others to highlight common understandings and shared goals.

If you are struggling to communicate with a colleague, friend, community or family member, Converge International can help you gain strategies and support to increase your confidence and effectiveness. Call 1300 our eap today.

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