



The Life of a Leader

The roles and responsibilities of managers and supervisors are becoming more complex and challenging everyday, and can develop into a major stressor for some. Working in a management role can be a challenging task, balancing both operational demands, workplace conflict and people management issues on a daily basis. Many individuals can be reluctant to ask for help, and this can be particularly true of leaders. Given the increasingly complex world of work that people managers are expected to negotiate, such reluctance can represent a risk. This is where our Manager Assist program can help.

Manager Assist is a coaching and advisory service designed specifically for supervisors and managers. Its aim is to help you lead, manage and support your team to maximise performance and achievement, whilst giving you the opportunity to discuss particular staff challenges and concerns on the job. The aim is to send a clear and positive message that when the going gets tough, managers are advised to seek assistance.

Our Manager Assist coaches will work with you to evaluate, plan, implement and achieve your personal, professional and organisational goals. The program facilitates learning on the job without loss of time from the workplace, enhances management skills, and provides a proactive, confidential and supportive opportunity to identify and resolve people management issues before they escalate.

If you're looking to build you management skills call our confidential Manager Assist service on 1300 687 327.

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