

Start As You Mean To Go



As the new year dawns it offers us all a chance to look ahead with fresh perspective and make every day count.

It's a great opportunity to take a moment to reflect on your life—both professional and personal— with a view to kick off the New Year with a fresh focus and renewed energy. Reflect on how you've gotten to where you are right now and where you want to go in the future. Start 2016 defining your goals and building a road-map to get there. Give every day a purpose.

As you return to work in 2016, there are a few things you can do to ensure you start the year off right.

Review the past year. Think about what worked for you in 2015 and what didn't. What would you'd like to do differently or achieve in 2016.

Do an audit of your current job. Ask yourself: What do I love about my job? What would I change if I could? What's holding me back? What are my road bumps or bottlenecks? How can those be eliminated or improved? Use these to set goals for 2016?

Set goals for the New Year. Really think about where you want to be in your career and create a plan that will get you there. These goals can be small or large, and should include whatever is most important to you, such as taking on new tasks, learning new skills getting a raise or promotion, or even making a career change.

Omit the negatives. Learn from the unavoidable negative experiences you will encounter without dwelling on them. Remember, tough times do not last, but tough people do.

Reinforce your network. Check in with your close clients and co-workers to let them know you're back from holidays, and make arrangements to catch up. If you missed the opportunity to send out Christmas cards, consider sending out New Year's greetings.

Jump back in. If you're lucky, you may have been able to take a holiday and spend time with loved ones over the break. Now its time to come back energised and focused. Use the first few days to follow up on all missed calls and emails, and start taking action on reaching your 2016 career goals.

If you're satisfied looking back at your career in 2015, set your goals for 2016 and buckle in to achieve them. If you're not - set goals to make 2016 your year to shine. Make the New Year a year of action - Seize the day and it will set you up for more success now and in years ahead.

Call Converge International on 1300 687 327 and discover how we can help you find the motivation or direction to start your 2016 right.

1300 our eap
1300 687 327
convergeinternational.com.au


Converge
international