

## Mentally healthy workplaces resources

STATE AGENCY	WHAT THEY OFFER
<p>COMCARE</p> <p><a href="https://www.comcare.gov.au/safe-healthy-work/mentally-healthy-workplaces">https://www.comcare.gov.au/safe-healthy-work/mentally-healthy-workplaces</a></p>	<p>Various free and fee-based training; free coaching for Australian Public Service agencies; partnering with agencies to provide tools and research and fact sheets</p>
<p>Worksafe QLD</p> <p><a href="https://www.worksafe.qld.gov.au/safety-and-prevention/mental-health/mentally-healthy-workplaces-toolkit">https://www.worksafe.qld.gov.au/safety-and-prevention/mental-health/mentally-healthy-workplaces-toolkit</a></p>	<p>Links to assistance from other sources i.e. webinars; link to Beyond Blue website; Fed Govt – MHW website and Mental Health Commission website; case studies and PAW available; 2 free workshops for managers and supervisors available – 4 hrs each; no prequals (available to all Qld businesses)</p>
<p>Victorian Chamber of Commerce and Industry</p> <p><a href="https://www.victorianchamber.com.au/services/health-safety-and-wellbeing/health-safety-and-wellbeing-training-courses#goto-mental-health-and-wellbeing">https://www.victorianchamber.com.au/services/health-safety-and-wellbeing/health-safety-and-wellbeing-training-courses#goto-mental-health-and-wellbeing</a></p>	<p>Online courses – user pays – mental health first aid; managing MH in the workplace (\$695 M &amp; \$910 NM)</p>
<p>WorkSafe Victoria – Workwell Toolkit</p> <p><a href="https://www.worksafe.vic.gov.au/workwell-toolkit">https://www.worksafe.vic.gov.au/workwell-toolkit</a></p>	<p>Multilingual information and resources are made available through links to other providers.</p>
<p>Victorian Public Sector Commission</p> <p><a href="https://vpssc.vic.gov.au/toolkits/wellbeing/mental-wellbeing/">https://vpssc.vic.gov.au/toolkits/wellbeing/mental-wellbeing/</a></p>	<p>Support for government sector; activities and basic information available.</p>
<p>Victorian Government</p>	<p>Developing a Strategy and Action Plan for a Mentally Healthy Workplace.</p>

<a href="#">Your Strategy and Action Plan for a Mentally Healthy Workplace   vic.gov.au (www.vic.gov.au)</a>	
<p>Worksafe Tasmania</p> <p><a href="https://worksafe.tas.gov.au/topics/Health-and-Safety/health-and-wellbeing/wellbeing-a-z/mental-health/mentally-healthy-workplaces">https://worksafe.tas.gov.au/topics/Health-and-Safety/health-and-wellbeing/wellbeing-a-z/mental-health/mentally-healthy-workplaces</a></p>	<p>Free 1 hour training for all businesses by external provider. Relies heavily on and provides external links for tools and other resources</p>
<p>SafeWork SA</p> <p><a href="https://www.safework.sa.gov.au/workers/health-and-wellbeing/healthy-workers-and-workplaces">https://www.safework.sa.gov.au/workers/health-and-wellbeing/healthy-workers-and-workplaces</a></p>	<p>No training available; reference to COP and Regs; links to resources from other providers.</p>
<p>Healthy Workplaces Services (SA)</p> <p><a href="https://www.healthyworkplaces.sa.gov.au/">https://www.healthyworkplaces.sa.gov.au/</a></p>	<p>Free coaching available to all SA businesses no matter the size. Information from other providers as well as SA Govt.</p>
<p>Worksafe WA</p> <p><a href="https://www.commerce.wa.gov.au/worksafe/mentally-healthy-workplaces-1">https://www.commerce.wa.gov.au/worksafe/mentally-healthy-workplaces-1</a></p>	<p>Basic information; no training available; references to COP and Regs; links to resources from other providers.</p>
<p>NT Worksafe</p> <p><a href="https://worksafe.nt.gov.au/safety-and-prevention/workplace-mental-health">https://worksafe.nt.gov.au/safety-and-prevention/workplace-mental-health</a></p>	<p>Has up to date and relevant information but no resources.</p>