SEQUENCE FOR PUTTING ON PPE

HAND HYGIENE
• Perform hand hygiene

GOWN
• Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
• Fasten at the back of neck and waist

MASK or RESPIRATOR
• Secure ties or elastic bands at middle of head and neck

PROTECTIVE EYEWEAR OR FACE SHIELD
• Place over face and eyes and adjust to fit

GLOVES
• Extend to cover wrist of isolation gown

Note that for surgical procedures and dentistry, the sequence for putting on PPE differs. In these situations, masks and protective eyewear are applied first prior to hand preparation. Gown and gloves are then put on.

SEQUENCE FOR REMOVING PPE

GLOVES
• Outside of glove is contaminated!
• Grasp outside of glove with opposite gloved hand; peel off
• Hold removed glove in gloved hand
• Slide fingers of ungloved hand under remaining glove at wrist
• Peel glove off over first glove
• Discard gloves in waste container
• Perform hand hygiene

PROTECTIVE EYEWEAR OR FACE SHIELD
• Outside of eye protection or face shield is contaminated!
• To remove, handle by head band or ear pieces
• Place in designated receptacle for reprocessing or in waste container

GOWN
• Gown front and sleeves are contaminated!
• Unfasten ties
• Pull away from neck and shoulders, touching inside of gown only
• Turn gown inside out
• Fold or roll into a bundle and discard

MASK or RESPIRATOR
• Front of mask is contaminated – DO NOT TOUCH!
• Grasp bottom, then top ties or elastics and remove
• Discard in waste container
• Perform hand hygiene

Perform hand hygiene immediately after removing all PPE