

# **Finding the Forest Through the Trees: The Power of Problem-Listing**

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Some patients present with an overwhelming amount of information—from history and physical examination findings to laboratory abnormalities and imaging results. The challenge isn't collecting more data; it's knowing what matters. This session explores how a structured problem list helps clinicians organise complex information, identify high-yield abnormalities, generate better differential diagnoses, and reduce cognitive bias. Through real cases, attendees will learn a practical approach to clinical reasoning that can be applied immediately in general practice, emergency, and referral medicine.